



Club Cruz Volleyball

Competitive & developmental volleyball programs serving Santa Cruz County. We offer for both boys and girls, Developmental Teams, Competitive Teams, Camps, Clinics, Coaching, Private Lessons in both indoor and beach environments.

<http://clubcruzvolleyball.com>

Beach Volleyball Teams



Club Cruz offers Beach Volleyball Teams for boys and girls ages 10-16!

Beach Volleyball Teams provide players the skills to succeed at beach volleyball from an experienced beach volleyball coaching staff. Summer training includes beach volleyball specific conditioning, various different beach drills and tons of fun to prepare them to compete in tournaments and take their game to the next level!

To compete at the beach teams level there will be tryouts as only 8 2-person teams will be supported. The age divisions for beach teams are:

- U12s (player's birthdate must be after 9/1/2004)
- U14s (player's birthdate must be after 9/1/2002)
- U16s (player's birthdate must be after 9/1/2000).

Costs

The cost of the program: \$850 for the season and this will include:

- Club Cruz Beach gear: t-shirt, tank top, beach volleyball bikini top, shorts and a hoodie sweatshirt
- Official CBVA (California Beach Volleyball Association) beach volleyball
- Beach drills and game-like situations instructed by experienced Club Cruz coaches
- Coaches with competitive beach experience
- Beach volleyball conditioning and speed/agility drills
- Instruction of all beach volleyball rules and regulations and strategy

Weekly Schedule:





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Prior to summer vacation starting there will be two practices a week on Tuesday and Thursdays TBD.

- Summer Schedule - TBD

Weekly Structure:

- Tuesdays and Thursdays - Instruction and drills with a high emphasis on developing skills, strategy and teamwork
- Wednesday is either Day Off or a Tournament Day
- Fridays will be conditioning to prepare for long tournament days and fine tuning of beach skills

Tournament Schedule:

Club organizations do not register players for tournaments. Parents are responsible to register for tournaments and the tournament fees. Please register prior to try-outs for beach tournaments through the CBVA site, cbva.com, if your player wants to participate in this program as they sell out quickly.

Players may choose to play in any tournament they chose, however, Club Cruz will have our coaches attending the below events to provide coaching to our players. Any lodging and other expenses related to tournaments are the responsibility of the players and their parents.

IMPORTANT NOTE ON CBVA REGISTRATIONS

Beach Volleyball has seen substantial growth in the last several years, and securing spots in tournaments has become more difficult. REGISTER YOUR PLAYERS IMMEDIATELY for the below tournaments, as most are filled up by May. With a 24 hour notice, you can cancel your registrations if necessary.

[REGISTER FOR CBVA](#)

- Tournaments and dates TBD

TRYOUTS are for the Beach Teams program are in March, exact dates and times TBD



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Location for Club Teams: [Harbor Beach in Santa Cruz](#)